

Newport

Heart

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## CARDIAC ELECTROPHYSIOLOGY STUDY/ CATHETER ABLATION INSTRUCTIONS

1. You must pre-register at outpatient registration in person or by phone at (949) 764-8424 prior to the day of your test.
2. The pre-test blood work must be done no more than 2 weeks prior, and completed by \_\_\_\_\_, at the outpatient blood draw station at the hospital (no appointment needed) or at \_\_\_\_\_.
3. Bring any medications with you to the hospital you may need to take that day.
4. Do **NOT** eat or drink anything after midnight the night before your procedure.
5. Your procedure is scheduled for \_\_\_\_\_.
6. Please arrive at outpatient registration at the hospital by \_\_\_\_\_.
7. Usually, you will stay approximately 4-6 hours after the test. Please arrange for someone to drive you home after the procedure. However, you may need to spend the night in the hospital depending on the type of arrhythmia you have.
8. Please note special instructions if you are taking any of the following medications  
**Glucophage:** Hold this medication the morning of the procedure.  
**Insulin:** Take ½ of your insulin dose the morning of the procedure and bring the rest of the dose with you to the hospital.  
**\*\*COUMADIN\*\*** Stop your coumadin 5 days prior to your procedure.  
**\*\*PRADAXA\*\*** Stop your pradaxa 4 days prior to your procedure.  
**\*\*XARELTO\*\*** Stop your xarelto 2 days prior to your procedure.  
**\*\*BETA BOCKERS, CALCIUM CHANNEL BLOCKERS OR OTHER HEART RHYTHM DRUGS\*\*** Please stop these 48 hours before the procedure.  
**\*\*ELIQUIS\*\*** Stop your eliquis 3 days prior to your procedure.
9. The skin near the insertion site will most likely be black and blue. You may also find a lump about the size of a quarter. These common side effects should go away within a few weeks. You may resume normal activities the following day, unless other instructed by your doctor.
10. **WOMEN OF CHILD BEARING AGE:** If you are or think you may be pregnant notify your physician immediately. Radiation is used during this procedure and may be harmful to a developing fetus.