

Pacemaker/ICD/BIVI Implant Instructions

1. You must pre-register at Hoag Outpatient Registration 1-2 days prior to your procedure date. Call (949) 764-8424.
2. The pre-test blood work must be done no more than 2 weeks prior and completed by _____ at _____.
3. **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE.**
4. You may take your usual medications with a small sip of water unless your doctor instructs you otherwise.
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6. Your procedure is scheduled for _____.
7. Please arrive at outpatient registration at the hospital by _____.
8. Be prepared for an overnight stay in the hospital. Bring personal belongings (i.e. toothbrush, toothpaste, etc.)
9. Please note special instructions if you are taking any of the following:
 - a. **GLUCOPHAGE:** hold this medication the morning of the procedure.
 - b. **INSULIN:** Take $\frac{1}{2}$ of your insulin dose the morning of the procedure and bring the remained of the insulin to the hospital with you.
 - c. **COUMADIN:** You must stop this medication 5 days prior to your procedure.
 - d. **PRADAXA:** You must stop this medication 4 days prior to your procedure.
 - e. **XARELTO:** You must stop this medication 2 days prior to your procedure.
 - f. **ELIQUIS:** You must stop this medication 3 days prior to your procedure.
10. Purchase **Hibiclens** at a local drug store. Wash your torso 1 day prior to the procedure and the morning of the procedure.
11. Please call the office if you have any further questions.

Post-op instructions for patients after device implant

Dr. Michael Panutich

1. You may take the dressing off the day after you are discharged. You may place a clean, dry dressing on daily or leave it open to air.
2. You will notice there is what looks like super-glue over the incision. This is called dermabond. **DO NOT PICK THE DERMABOND OFF.** It is helping hold the incision together. It will come off on its own after a few weeks. Also, do not let adhesives such as tape stick to the dermabond or it may tear it off.
3. You need to keep the incision dry for 7 days. If you use store-bought adhesive covering to protect the incision, make sure the adhesive does not stick to the dermabond or it will rip off the dermabond when you remove it. If it gets wet, blot it dry with a towel. Do not rub the incision with a cloth as it can tear off the dermabond.
4. Do not do any large, extending movements with the affected arm (on the side that your device was placed), such as reaching up over your head or reaching behind you for at least 30 days.
5. Do not lift anything heavy with the affected arm for at least 30 days.
6. Do not exercise or do strenuous activity for 30 days.
7. You should use the affected arm for normal activity. If you keep your arm splinted against your body, you may develop frozen shoulder.
8. If you raise your arm over your head when you sleep, you may wear the sling to sleep, but you do not need the sling during the day.
9. You should make an appointment for a wound check about 7 days after your device implant.
10. You may notice bruising on the chest and in the arm. This is normal. If the device site gets big and hard, call the office to have it evaluated.
11. You will resume all of your previous medications after the device implant.
12. You will be followed in a device clinic to check your device every few months. This will be arranged at your follow-up visit or prior to discharge from the hospital.