

Newport

Heart

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PRE-ANGIOGRAM (CARDIAC CATH) INSTRUCTION

1. You must pre-register at Hoag Outpatient Registration 1 to 2 days prior your procedure. Call (949) 764-8424.
2. The pre-test blood work must be done no more than 2 weeks prior, and completed by _____, at the outpatient blood draw station at the hospital (no appointment needed) or at _____.
3. Do **NOT** eat or drink anything after midnight before your procedure.
4. You may take your usual medication with a small sip of water, unless your doctor instructs you otherwise. Bring any medications to the hospital you may need to take.
5. Your test is scheduled for _____.
6. Please arrive at outpatient registration at the hospital by _____.
7. Please note special instructions if you are taking any of the following:
 - a. **GLUCOPHAGE**: Hold this medication the morning of your procedure.
 - b. **INSULIN**: Take ½ of your insulin dose the morning of the test, and bring the remainder of the insulin to the hospital with you.
 - c. **COUMADIN**: stop your Coumadin 5 days prior to your angiogram
 - d. **PRADAXA**: stop your pradaxa 3 days prior to your angiogram.
 - e. **XARELTO**: stop your Xarelto 2 days prior to your angiogram.
 - f. **ELIQUIS**: stop your Eliquis 3 days prior to angiogram.
8. You will stay approximately 4-6 hours after the test. Please arrange for someone to drive you home after the procedure.
9. The skin near the insertion site will most likely be black and blue. You may also find a lump around the size of a quarter. These common side effects should go away within a few weeks. You may resume normal activities 48 hours after the procedure, unless otherwise instructed by your doctor.