

ATRIAL FIBRILLATION/ATRIAL FLUTTER ABLATION INSTRUCTIONS

1. You must pre-register at outpatient registration in person or by phone at (949) 764-8424 prior to the day of your test.
2. The pre-test blood work must be done no more than 2 weeks prior, and completed by _____, at the outpatient blood draw station at the hospital (no appointment needed) or at _____.
3. For Atrial Fibrillation ablations, a CT Scan must be done at Hoag on or before _____.
4. Bring any medications with you to the hospital you may need to take that day.
5. Do **NOT** eat or drink anything after midnight the night before your procedure.
6. Your procedure is scheduled for _____.
7. Please arrive at outpatient registration at the hospital by _____.
8. If you are having an atrial fibrillation ablation, you will spend the night in the hospital. If you are having an ablation for typical atrial flutter, you will go home 4-6 hours after your procedure. Please arrange for someone to drive you home after your procedure.
9. Please note special instructions if you are taking any of the following medications
Glucophage: Hold this medication the morning of the procedure.
Insulin: Take ½ of your insulin dose the morning of the procedure and bring the rest of the dose with you to the hospital.
****COUMADIN**** Do **NOT** stop your coumadin
****PRADAXA**** Stop your pradaxa 4 days prior to your procedure. You may need to take lovenox injections for the 2 days prior to your procedure. Your last dose of the lovenox should be the night before your procedure.
****XARELTO**** Stop your xarelto 2 days prior to your procedure.
****ELIQUIS**** Stop your eliquis 3 days prior to your procedure.
10. The skin near the insertion site will most likely be black and blue. You may also find a lump about the size of a quarter. These common side effects should go away within a few weeks. You may resume normal activities the following day, unless otherwise instructed by your doctor.
11. **WOMEN OF CHILD BEARING AGE:** If you are or think you may be pregnant notify your physician immediately. Radiation is used during this procedure and may be harmful to a developing fetus.