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TILT TABLE INSTRUCTIONS

1. You must pre-register at Outpatient Registration 1-2 days prior to your procedure in person or by phone at (949) 764-8424.
2. Do **NOT** eat or drink anything after midnight the night before your procedure.
3. You may take your usual medications with a small sip of water, unless you are otherwise instructed by your doctor.
4. Bring a list of medications you are currently taking with you to the hospital.
5. Your test is scheduled for _____.
6. Please check-in at Outpatient Registration by: _____.
7. After your test you will be discharged home. You may return to your normal routine the following day, unless otherwise instructed by your physician.